| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|--|---|---|--|
| | | | 1 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE | 2 GOOD FRIDAY OFFICE CLOSED |
| | | | NETWORKS INFORMATION SESSION FOR YOUTH 18-29 9:30 am—11:00 am TO REGISTER CLICK HERE | |
| 5 COSTI ONLINE SERVICES COURSES WRITING A STRATEGIC RÉSUMÉ (1 WEEK) TO REGISTER CLICK HERE CUSTOMER SERVICE PREPRATION (3 WEEKS) TO REGISTER CLICK HERE STARTING YOUR OWN BUSINESS (2 WEEKS) TO REGISTER CLICK HERE | 6 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm | 7 SECOND CAREER STRATEGY INFORMATION SESSION 10:00 am—12:00 pm TO REGISTER CLICK HERE WHAT IS NEW AT MISSISAUGA LIBRARY 11:00 am—12:00pm TO REGISTER CLICK HERE | 8 NETWORKS INFORMATION SESSION FOR YOUTH 18-29 9:30 am—11:00 am TO REGISTER CLICK HERE ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE | 9 MOCK VIRTUAL INTERVIEW TO REGISTER CLICK HERE |
| | TO REGISTER CLICK HERE | | PLANNING YOUR CAREER 2:00 pm—3:00 pm TO REGISTER CLICK HERE | |
| 12 | 13 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE | 14 INFORMATIONAL INTERVIEWS 10:00 am—11:00 am TO REGISTER CLICK HERE | 15 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE | 16 MOCK VIRTUAL INTERVIEW TO REGISTER CLICK HERE |
| | NETWORKS INFORMATION SESSION FOR YOUTH 18-29 12:30 pm—2:00 pm TO REGISTER CLICK HERE INTRODUCTION TO ENTREPRENEURSHIP | COSTI EMPLOYMENT SERVICES INFORMATION SESSION 1:00 pm—1:30 pm TO REGISTER CLICK HERE | NETWORKS INFORMATION SESSION FOR YOUTH 18-29 11:30 am—1:00 pm TO REGISTER CLICK HERE NETWORKING FOR SUCCESS 2:00PM—3:00PM | |
| | INFORMATION SESSION 2:00 pm—3:00 pm TO REGISTER CLICK HERE | | TO REGISTER CLICK HERE | |
| 19 | 20 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE NETWORKS INFORMATION | IT CAREERS AND SKILLS IN DEMAND POST COVID-19 10:00 am—11:00 am TO REGISTER CLICK HERE | ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE NETWORKS INFORMATION | 23 MOCK VIRTUAL INTERVIEW TO REGISTER CLICK HERE |
| | SESSION 10:30 am—12:00 pm TO REGISTER CLICK HERE | INFORMATION SESSION 2:00 pm—4:00 pm TO REGISTER CLICK HERE | SESSION FOR YOUTH 18-29 1:30 am—3:00 pm TO REGISTER CLICK HERE | |
| | TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE | | FROM STRESS TO SUCCESS 2:00 pm—3:00 pm TO REGISTER CLICK HERE | |
| 26 COSTI ONLINE SERVICES COURSES COMMUNICATION IN THE WORKPLACE (2 WEEKS) TO REGISTER CLICK HERE | WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE | JOB SEARCH STRATEGIES DURING COVID-19 10:00 am—11:30 am TO REGISTER CLICK HERE | ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE | 30 MOCK VIRTUAL INTERVIEW TO REGISTER CLICK HERE |
| | TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE | | CERTIFIED FOOD HANDLING ONLINE PROGRAM 10:00 am—3:00 pm TO REGISTER CLICK HERE PLANNING YOUR CAREER | |
| | INTRODUCTION TO LINKEDIN—THE BASICS 2:00 pm—4:00 pm TO REGISTER CLICK HERE | | 2:00 pm—3:00 pm TO REGISTER CLICK HERE | |

April Workshop/Event Descriptions

COSTI Employment Services is offering all employment workshops online in the form of webinars and virtual meetings. To register for any of our webinars, click on the links (HERE + Ctrl) or contact us at 647.827.1425.

To access the Online Services workshops go to **COSTI ONLINE SERVICES** and create an account. You will then be directed to the courses.

ACE YOUR VIRTUAL INTERVIEW: The Interview is key to getting a job. During these challenging times, how we interview has changed. Discover how to handle challenging interview questions with confidence; learn how to collect, compile and present information that showcases your skills and experience; find out the common mistakes that happen in interviews and how to avoid them. April 1, 8, 15, 22 & 29

CERTIFIED FOOD HANDLING ONLINE PROGRAM: The Food Handler Certification Program teaches you how to safely prepare, store and serve food. Fully recognized in the province of Ontario. **April 29**

COSTI EMPLOYMENT SERVICES INFORMATION SESSION: Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment. April 14 & 30

CUSTOMER SERVICE PREPARATION (3 WEEKS): In this course you will learn the skills necessary to work on a daily basis in all jobs where you work with customers in person and over the phone. Certificate of completion. **April 5**

FROM STRESS TO SUCCESS: Are you feeling overwhelmed and stressed? Finding it hard to balance life right now? Do you need the tools to manage stress and help you to adjust to the change? In this workshop, we will identify the triggers of stress and provide techniques to overcome those feelings. We will also look at goal setting and prioritizing to help manage life's demands. **April 22**

INTRODUCTION TO LINKEDIN—THE BASICS: You have heard so much about LinkedIn and are now interested in seeing what everyone is talking about. If you do not have an account, join us for this webinar as we take you through the steps of creating an account and a profile. April 27

IT CAREERS AND SKILLS IN DEMAND POST COVID-19: Guest speaker David Brabrook, founder of App Solve Inc. will share his knowledge on the IT field, IT jobs in demand during and post pandemic and how Internationally Trained Educated Professionals can leverage their IT experience and Skills. April 26

INFORMATION INTERVIEWS: An effective job search strategy includes conducting information interviews. Learn about information interviews and steps of information interviewing. **April 13**

INTRODUCTION TO ENTREPRENEURSHIP: Are you interested in self employment? in this webinar we will explore the practical application of important concepts for anybody starting a business in Ontario. Presented by Vaughan Business Enterprise Centre. **April 13**

JOB SEARCH STRATEGIES DURING COVID-19: As companies adapt their hiring practices during this pandemic, job searching has also changed. In this workshop we will discuss some of the effective job search strategies during COVID-19. **April 28**

MOCK VIRTUAL INTERVIEW: During these challenging times, how we interview has changed. Take our Ace Your Interview webinar and then sign up to practice your interview skills using Zoom, one of the many online platforms. April 9, 16, 23 & 30

netWORKS INFORMATION SESSION: If you are between 18 and 29 years old and excited about getting your career started, netWORKS is a new way for you to make connections with mentors who can help you get your career off the ground. **April 1, 8, 13, 15, 20 & 22**

netWORKING FOR SUCCESS: Networking is an effective way to make connections with people in your field. In this workshop you will learn about the hidden job market and why networking is important, the art of networking and finding the right people to network with. **April 15**

PLANNING YOUR CAREER: : Participate in a webinar that will help you make informed decisions about your career path. Find out where you are now and where you want to be. **April 8 & 29**

SECOND CAREER STRATEGY INFORMATION SESSION: The Second Career Strategy Information Session will help recently laid-off, unemployed workers make the transition to a new career in a high-skilled occupation that is in demand. Second Career Strategy provides financial assistance based on individual need to assist people with some of the costs associated with long-term training plans, including the cost of tuition and books. April 7 & 21

STARTING YOUR OWN BUSINESS (2 WEEKS): Starting Your Own Business is designed help you decide whether self-employment is for you and to help you develop the tools you will need to start your own business in Canada. **April 5**

TRIEC MENTORING PARTNERSHIP INFORMATION SESSION: Reconnect with your profession in Canada! TRIEC Mentoring Partnership helps immigrant professionals reconnect with their careers with the help of a mentor who works in their field in Canada. Learn how to maximize mentoring opportunities in your professional field and become more successful together. **April 6, 20 & 27**

WHAT IS NEW AT MISSISAUGA LIBRARY: Join us to find out about upcoming programs (including March Break) at Mississauga Library. Learn about library's online resources and digital services available 24/7. Receive updates on library programs and services during COVID-19. April 7

WRITING A STRATEGIC RÉSUMÉ: Two-hour résumé writing webinar. Join us to learn how to create résumé that will get noticed by employers. April 6, 13, 20 & 27

WRITING A STRATEGIC RÉSUMÉ COURSE (1 WEEK): Do you have a résumé and would like to update it to the most current formats viewed by employers? Take this one week course where you will have the opportunity to update your résumé and ask questions from a trained facilitator. April 5

PRE-RECORDED WEBINARS: Click on the name to register and view the webinar

<u>COSTI EMPLOYMENT SERVICES INFORMATION SESSION:</u> Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment.

<u>COVER LETTER: YES OR NO?</u>: You are sending out resumes, but not sure if you should include a cover or not? If you do, what do you say. Join us for the answer to this question.

FROM STRESS TO SUCCESS: In this workshop, we will identify the triggers of stress and provide techniques to overcome those feelings. We will also look at goal setting and prioritizing to help manage life's demands.

JOB SEARCH STRATEGIES: Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry.

SECOND CAREER STRATEGY INFORMATION SESSION: The Second Career Strategy Information Session will help recently laid-off, unemployed workers make the transition to a new career in a high-skilled occupation that is in demand.

