

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 CIVIC HOLIDAY OFFICE CLOSED	4 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE USING LINKEDIN TO JOB SEARCH 2:00 pm—4:00 pm TO REGISTER CLICK HERE	5 JOB SEARCH STRATEGIES 10:00 am—11:30 am TO REGISTER CLICK HERE  SECOND CAREER STRATEGY INFORMATION SESSION 2:00 pm—4:00 pm TO REGISTER CLICK HERE	6 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE	7 MOCK VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE ACCELERATED CYBER- SECURITY TRAINING PROGRAM INFORMATION SESSION 10:00 am—11:00 am TO REGISTER CLICK HERE
10 SPEAK TO A PROFESSIONAL EMPLOYMENT COUNSELLOR CLICK HERE TO REGISTER  COSTI ONLINE SERVICES  WRITING A STRATEGIC RÉSUMÉ COURSE (1 WEEK)  COMMUNICATION IN THE WORKPLACE COURSE (2 WEEKS)  FEDERAL INTERNSHIP FOR NEWCOMERS INTERVIEW PREPARATION 10:00 am—12:00 pm TO REGISTER CLICK HERE	11 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE  TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE  INTRODUCTION TO LINKEDIN—THE BASICS 2:00 pm—4:00 pm TO REGISTER CLICK HERE	JOB SEARCH STRATEGIES 10:00 am—11:30 am TO REGISTER CLICK HERE  YOUTH JOB CONNECTION & YOUTH JOB CONNECTION SUMMER—INFORMATION SESSION 2:00pm—3:00 pm TO REGISTER CLICK HERE	13 CERTIFIED FOOD HANDLING ONLINE PROGRAM 9:00 am—1:00 pm CALL 647.827.1425 TO REGISTER  ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE COSTI EMPLOYMENT SERVICES INFORMATION SESSION 2:00 pm—3:00 pm TO REGISTER CLICK HERE	14 MOCK VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE  PROTECTING YOURSELF AGAINST JOB SEARCH SCAMS 2:00 pm —4:00 pm TO REGISTER CLICK HERE
17 SPEAK TO A PROFESSIONAL EMPLOYMENT COUNSELLOR CLICK HERE TO REGISTER FEDERAL INTERNSHIP FOR NEWCOMERS INTERVIEW PREPARATION 10:00 am—12:00 pm TO REGISTER CLICK HERE	WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE  USING LINKEDIN TO JOB SEARCH 2:00 pm—4:00 pm TO REGISTER CLICK HERE	JOB SEARCH STRATEGIES 10:00 am—11:30 am TO REGISTER CLICK HERE  SECOND CAREER STRATEGY INFORMATION SESSION 2:00 pm—4:00 pm TO REGISTER CLICK HERE  YOUTH JOB CONNECTION INFORMATION SESSION 2:00 pm—3:00 pm TO REGISTER CLICK HERE	20 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE CREDENTIAL EVALUATION AND ASSESSMENT 2:00 am—4:00 pm TO REGISTER CLICK HERE	MOCK VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE JUNIOR IT ANALYST PROGRAM INFORMATION SESSION 10:00 am—11:00 am TO REGISTER CLICK HERE
24 SPEAK TO A PROFESSIONAL EMPLOYMENT COUNSELLOR CLICK HERE TO REGISTER  FEDERAL INTERNSHIP FOR NEWCOMERS INTERVIEW PREPARATION 10:00 am—12:00 pm TO REGISTER CLICK HERE	25 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE  INTRODUCTION TO LINKEDIN—THE BASICS 2:00 pm—4:00 pm TO REGISTER CLICK HERE	26 JOB SEARCH STRATEGIES 10:00 am—11:30 am TO REGISTER CLICK HERE	27 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE FROM STRESS TO SUCCESS 2:00 pm—3:30 pm TO REGISTER CLICK HERE	28 MOCK VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE  MAXIMIZING YOUR JOB APPLICATION TO GET NOTICED 11:00 am— 12:30 pm TO REGISTER CLICK HERE
31 SPEAK TO A PROFESSIONAL EMPLOYMENT COUNSELLOR CLICK HERE TO REGISTER  FEDERAL INTERNSHIP FOR NEWCOMERS INTERVIEW PREPARATION 10:00 am—12:00 pm TO REGISTER CLICK HERE				

## **August Workshop/Event Descriptions**

COSTI Employment Services is offering all employment workshops online in the form of webinars and virtual meetings. To register for any of our webinars, click on the links (HERE + Ctrl ) or contact us at 647.827.1425.

To access the Online Services workshops go to **COSTI ONLINE SERVICES** and create an account. You will then be directed to the courses

ACCELERATED CYBERSECURITY TRAINING PROGRAM INFORMATION SESSION: Learn about the new Accelerated Cybersecurity Training Program now available in Peel. This intensive cybersecurity training and certification program is designed to give promising learners from diverse backgrounds the skills they need to launch careers in the cybersecurity sector. August 7

**ACE YOUR VIRTUAL INTERVIEW:** The Interview is key to getting a job. During these challenging times, how we interview has changed. Discover how to handle challenging interview questions with confidence; learn how to collect, compile and present information that showcases your skills and experience; find out the common mistakes that happen in interviews and how to avoid them. **August 6, 13, 20 & 27** 

**CERTIFIED FOOD HANDLING ONLINE PROGRAM:** The Food Handler Certification Program teaches you how to safely prepare, store and serve food. Fully recognized in the province of Ontario. **August 13** 

COSTI EMPLOYMENT SERVICES INFORMATION SESSION: Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment. August 13

**CREDENTIAL EVALUATION AND ASSESSMENT:** Are you internationally trained and looking to start working in Canada. Join us for this informative session where you will find out how and where to get your credentials evaluated. **August 20** 

**COMMUNICATION IN THE WORKPLACE COURSE (2 WEEKS):** In this course you will learn basic skills needed to work in all types of jobs; whether you work with customers in person or over the telephone. Certificate upon completion. **August 10** 

**FEDERAL INTERNSHIP FOR NEWCOMERS (FIN) INTERVIEW PREPARATION:** The interview is key to the FIN Program. Discover how to handle challenging interview questions with confidence; learn how to collect, compile and present information that showcase your skills and experience; find out the common mistakes that happen in interviews and how to avoid them. **August 10, 17, 24 & 31** 

JOB SEARCH STRATEGIES: Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry. Unsure where to look for work or what's available? Join us in learning how to prepare yourself for opportunities in this new and demanding labour market. August 5, 12, 19 & 26

MAXIMIZING YOUR JOB APPLICATION TO GET NOTICED: Meet with Human Resources Senior Consultant, Talent Acquisition, Nish Balachandran from Scotia Bank, who will share with you the knowledge and insights of the Canadian Labour Market. August 28

MOCK VIRTUAL INTERVIEW: During these challenging times, how we interview has changed. Take our Ace Your Interview webinar and then sign up to practice your interview skills using Zoom, one of the many online platforms. August 7, 14, 21 & 28

**PROTECTING YOURSELF AGAINST JOB SEARCH SCAMS:** Join us for a two-hour webinar. Key insights will be shared on various types of job search scams in operation and how to identify ways to steer clear. The webinar will discuss how to Recognize, Reject and Report Job Search Scams. **August 14** 

**SECOND CAREER STRATEGY INFORMATION SESSION:** The Second Career Strategy Information Session will help recently laid-off, unemployed workers make the transition to a new career in a high-skilled occupation that is in demand. Second Career Strategy provides financial assistance based on individual need to assist people with some of the costs associated with long-term training plans, including the cost of tuition and books. **August 5 & 19** 

SPEAK TO A PROFESSIONAL EMPLOYMENT COUNSELLOR: New to COSTI? Need to speak to someone who can answer your employment questions? Register to meet with one of our professional employment consultants.

August 10, 17, 24 & 31

**FROM STRESS TO SUCCESS:** Are you feeling overwhelmed and stressed? Finding it hard to balance life right now? Do you need the tools to manage stress and help you to adjust to the change? In this workshop, we will identify the triggers of stress and provide techniques to overcome those feelings. We will also look at goal setting and prioritizing to help manage life's demands. **August 27** 

**TRIEC MENTORING PARTNERSHIP INFORMATION SESSION:** Reconnect with your profession in Canada! TRIEC Mentoring Partnership helps immigrant professionals reconnect with their careers with the help of a mentor who works in their field in Canada. Learn how to maximize mentoring opportunities in your professional field and become more successful together. **August 11** 

**INTRODUCTION TO LINKEDIN—THE BASICS:** You have heard so much about LinkedIn and are now interested in seeing what everyone is talking about. If you do not have an account, join us for this webinar as we take you through the steps of creating an account and a profile. **August 11 & 25** 

USING LINKEDIN TO JOB SEARCH: Learn how to use LinkedIn to explore career opportunities and network with like-minded people. August 4 & 18

WRITING A STRATEGIC RÉSUMÉ: Two-hour résumé writing webinar. Join us to learn how to create résumé that will get noticed by employers. August 4, 11, 18 & 25

WRITING A STRATEGIC RÉSUMÉ COURSE (1 WEEK): Do you have a résumé and would like to update it to the most current formats viewed by employers? Take this one week course where you will have the opportunity to update your résumé and ask questions from a trained facilitator. August 10

YOUTH JOB CONNECTION INFORMATION SESSION (YJC): This program serves youth aged 15-29 years of age who are out of school and out of work. August 19

**YOUTH JOB CONNECTION—SUMMER (YJC-S):** This program targets youth aged 15-18 years of age who are still attending school. These are paid work search & job placement programs that assist youth experiencing multiple barriers to employment. **August 12** 

