

COSTI EMPLOYMENT SERVICES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE	4	5 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE	6 MOCK VIRTUAL INTERVIEW TO REGISTER CLICK HERE
			ENHANCING ECONOMIC OPPORTUNITIES 9:30 am—11:30 am TO REGISTER CLICK HERE	
COURSES COMMUNICATION IN THE	10 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE	11 SECOND CAREER STRATEGY INFORMATION SESSION 10:00 am—12:00 pm TO REGISTER CLICK HERE	12 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE	13 MOCK VIRTUAL INTERVIEW TO REGISTER CLICK HERE
TO REGISTER CLICK HERE 16	TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE		ENHANCING ECONOMIC OPPORTUNITIES 9:30 am—11:30 am TO REGISTER CLICK HERE	
	INTRODUCTION TO LINKEDIN—THE BASICS 2:00 pm—4:00pm TO REGISTER CLICK HERE		LUSH HIRING INFORMATION SESSION 10:00 am—12:00 pm TO REGISTER CLICK HERE CERTIFIED FOOD HANDLING	
			ONLINE PROGRAM 10:00 am—3:00 pm TO REGISTER CLICK HERE	
	17 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE	18 COSTI EMPLOYMENT SERVICES INFORMATION SESSION 10:00 am—10:30 am TO REGISTER CLICK HERE	19 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE	MOCK VIRTUAL INTERVIEW TO REGISTER CLICK HERE
	NETWORKS INFORMATION SESSION FOR YOUTH 18-29 9:30 am—12:00 pm TO REGISTER CLICK HERE TRIEC MENTORING	INFORMATIONAL INTERVIEWS 2:00 pm—3:00 pm TO REGISTER CLICK HERE	PETHORNE INFORMATION	
	PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE		NETWORKS INFORMATION SESSION FOR YOUTH 18-29 11:30 am—2:00 pm TO REGISTER CLICK HERE	
23	24 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE	25 COVER LETTER YES OR NO? 10:00 am—11:00 am TO REGISTER CLICK HERE	26 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE	27 MOCK VIRTUAL INTERVIEW TO REGISTER CLICK HERE
	NETWORKS INFORMATION SESSION FOR YOUTH 18-29 9:30 am—12:00 pm TO REGISTER CLICK HERE	IT PROGRAM INFORMATION SESSION 2:00 pm—3:00 pm TO REGISTER CLICK HERE	NETWORKS INFORMATION SESSION FOR YOUTH 18-29 10:30 am—1:00 pm TO REGISTER CLICK HERE	
	TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE		PLANNING YOUR CAREER 2:00 pm—3:00 pm TO REGISTER CLICK HERE	
30	31 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE			

August Workshop/Event Descriptions

COSTI Employment Services is offering all employment workshops online in the form of webinars and virtual meetings. To register for any of our webinars, click on the links (HERE + Ctrl) or contact us at 647.827.1425.

To access the Online Services workshops go to **COSTI ONLINE SERVICES** and create an account. You will then be directed to the courses.

ACE YOUR VIRTUAL INTERVIEW: The Interview is key to getting a job. During these challenging times, how we interview has changed. Discover how to handle challenging interview questions with confidence; learn how to collect, compile and present information that showcases our skills and experience; find out the common mistakes that happen in interviews and how to avoid them. **August 5, 12, 19 & 26**

CERTIFIED FOOD HANDLING ONLINE PROGRAM: The Food Handler Certification program teaches you how to safely prepare, store and serve food. Fully recognized in the province of Ontario. **August 12**

COSTI EMPLOYMENT SERVICES INFORMATION SESSION: Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment. August 18

COVER LETTER: YES OR NO?: You are sending out resumes, but not sure if you should include a cover or not. If you do, what do you say? Join us for the answer to this question. **August 25**

COMMUNICATION IN THE WORKPLACE (2 WEEKS): This online course will help you better understand how to communicate with co-workers, managers and clients in a diverse Canadian workplace. **August 9**

ENHANCING ECONOMIC OPPORTUNITIES: Job Search Strategies for 50+ Workers provides practical tips and fresh perspectives specific to the mature job seeker and expectations related to today's workplace. **August 5, 12 & 19**

INFORMATIONAL INTERVIEWS: An effective job search strategy includes conducting information interviews. Learn about information interviews and steps of information interviewing. **August 18**

LUSH HIRING INFORMATION SESSION: Lush is now hiring 1000+ positions including full time, seasonal contract work starting in August and ending on or before December 31, 2021. **August 12**

MOCK VIRTUAL INTERVIEW: During these challenging times, how we interview has changed. Take our Ace Your Interview webinar and then sign up to practice your interview skills using Zoom, one of the many online platforms. August 6, 13, 20 & 27

netWORKS INFORMATION SESSION: If you are between 18 and 29 years old and excited about getting your career started, netWORKS is a new way for you to make connections with mentors who can help you get your career off the ground. August 13, 17, 19, 24 & 26

NPOWER CANADA IT PROGRAM INFORMATION SESSION: Learn how you can begin your tech career by completing one of the nPower Canada's FREE training programs in only 15 weeks! **August 25**

PLANNING YOUR CAREER: Participate in a webinar that will help you make informed decisions about your career path. Find out where you are now and where you want to be. **August 26**

SECOND CAREER STRATEGY INFORMATION SESSION: The Second Career Strategy Information Session will help recently laid-off, unemployed workers make the transition to a new career in a high-skilled occupation that is in demand. Second Career Strategy provides financial assistance based on individual need to assist people with some of the costs associated with long-term training plans, including the cost of tuition and books. **August 11**

TRIEC MENTORING PARTNERSHIP INFORMATION SESSION: Reconnect with your profession in Canada! TRIEC Mentoring Partnership helps immigrant professionals reconnect with their careers with the help of a mentor who works in their field in Canada Learn how to maximize mentoring opportunities in your professional field and become more successful together. **August 10, 17 & 24**

WRITING A STRATEGIC RÉSUMÉ: Two-hour résumé writing webinar. Join us to learn how to create résumé that will get noticed by employers. August 10, 17, 24 & 31

PRE-RECORDED WEBINARS: Click on the name to register and view the webinar

<u>COSTI EMPLOYMENT SERVICES INFORMATION SESSION:</u> Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment.

<u>COVER LETTER: YES OR NO?:</u> You are sending out resumes, but not sure if you should include a cover or not? If you do, what do you say. Join us for the answer to this question.

FROM STRESS TO SUCCESS: In this workshop, we will identify the triggers of stress and provide techniques to overcome those feelings. We will also look at goal setting and prioritizing to help manage life's demands.

<u>JOB SEARCH STRATEGIES:</u> Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry.

<u>SECOND CAREER STRATEGY INFORMATION SESSION:</u> The Second Career Strategy Information Session will help recently laid-off, unemployed workers make the transition to a new career in a high-skilled occupation that is in demand.

