

# Job-Training Program for Individuals with Disabilities

## COSTI Employment Services

### ONLINE EDGE PROGRAM FOR INDIVIDUALS WITH DISABILITIES

JUNE 8, 2020–JULY 1, 2020



Brands for Canada's EDGE program is one of the most comprehensive job-training programs in Canada for individuals with disabilities. Now the program is available online.

#### PROGRAM ELIGIBILITY:

- Able to participate via web conferencing platform (via computer or mobile app)
- 3 days per week from 10:00 am–2:30 pm for 4 weeks

#### PARTICIPANTS WILL BUILD PROFESSIONAL AND LIFE SKILLS IN THE AREAS OF:

- Emotional intelligence (EQ)
- Communication
- Conflict resolution
- Managing your disability in the workplace
- Stress management
- Financial literacy

#### ADDITIONAL BENEFITS WHEN BRANDS FOR CANADA OFFICE RE-OPENS:

- Career coach
- New professional clothing
- A complimentary haircut
- Personal care products
- Mindfulness training

COSTI Employment Services has partnered with Brands for Canada to deliver the EDGE program online.

Online classroom times and dates:

10:00 AM–2:30 PM

June 8, 2020–July 1, 2020

Mondays, Tuesdays and Wednesdays

97% of graduates reported that the skills they gained helped them in effective decision-making, gaining self-confidence and feeling more optimistic about the future.

#### TO REGISTER:

CALL: 416.588.2240

OR

EMAIL: [WESTONEMPLOYMENT@COSTI.ORG](mailto:WESTONEMPLOYMENT@COSTI.ORG)

Our physical locations are temporarily closed. All of our employment programs and services are currently being offered via telephone and online. You can access and register for our [online workshops and webinars](#) here.

[costi.org](http://costi.org)

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