

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	4 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK <u>HERE</u> TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK <u>HERE</u>	5 SECOND CAREER STRATEGY INFORMATION SESSION 10:00 am—12:00 pm TO REGISTER CLICK <u>HERE</u> COSTI EMPLOYMENT SERVICES INFORMATION SESSION 1:00 pm—1:30 pm TO REGISTER CLICK <u>HERE</u>	6 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK <u>HERE</u>	7
10 LIFE SUCCESS STRATEGIES THREE WEEK PROGRAM 10:00 am—12:00 pm TO REGISTER <u>CLICK</u>	11 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE NETWORKS INFORMATION SESSION FOR YOUTH 18-29 1:00 pm—2:30 pm TO REGISTER CLICK HERE TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE	12 JOB SEARCH STRATEGIES 10:00 am—11:00 am TO REGISTER CLICK <u>HERE</u>	13 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK <u>HERE</u> PLANNING YOUR CAREER 2:00 pm—3:00 pm TO REGISTER CLICK <u>HERE</u>	14
17 <u>COSTI ONLINE SERVICES</u> <u>COURSES</u> CUSTOMER SERVICE PREPARATION (3 WEEKS) TO REGISTER CLICK <u>HERE</u>	18 NETWORKS INFORMATION SESSION FOR YOUTH 18-29 9:30 am—12:00 pm TO REGISTER CLICK <u>HERE</u> WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK <u>HERE</u> TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK <u>HERE</u>	19	20 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK <u>HERE</u> HAMMER HEADS PROGRAM INFORMATION SESSION 2:00 pm—3:00 pm TO REGISTER CLICK <u>HERE</u>	21
24	25 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK <u>HERE</u> TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK <u>HERE</u>	26 INFORMATIONAL INTERVIEWS 10:00 am—11:00 am TO REGISTER CLICK <u>HERE</u>	27 NETWORKS INFORMATION SESSION FOR YOUTH 18-29 9:30 am—12:00 pm TO REGISTER CLICK <u>HERE</u> ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK <u>HERE</u> CIBC CAREER FAIR 10:00 am—12:00 pm TO REGISTER CLICK <u>HERE</u>	28
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January Workshop/Event Descriptions

COSTI Employment Services is offering all employment workshops online in the form of webinars and virtual meetings. To register for any of our webinars, click on the links (HERE + Ctrl) or contact us at 647.827.1425.

To access the Online Services workshops go to <u>COSTI ONLINE SERVICES</u> and create an account. You will then be directed to the courses.

ACE YOUR VIRTUAL INTERVIEW: The Interview is key to getting a job. During these challenging times, how we interview has changed. Discover how to handle challenging interview questions with confidence; learn how to collect, compile and present information that showcases your skills and experience; find out the common mistakes that happen in interviews and how to avoid them. January 6, 13, 20 & 27

CIBC CAREER FAIR: CIBC needs amazing talented people to help share the future of banking. Join our CIBC career fair to discover your job opportunities at CIBC. **January 27**

COSTI EMPLOYMENT SERVICES INFORMATION SESSION: Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment. **January 5**

HAMMERS HEADS PROGRAM INFORMATION SESSION: Are you between the ages of 18-26, looking to start a career in a skilled trade? The Hammer Heads Program is a skill and employment-based training program within the construction industry offering apprentice ship career opportunities to the youth of under-resourced neighbourhoods in our communities. January 20

INFORMATIONAL INTERVIEWS: An effective job search strategy includes conducting information interviews. Learn about information interviews and steps of information interviewing. **January 26**

JOB SEARCH STRATEGIES: Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry. Unsure where to look for work or what's available? Join us in learning how to prepare yourself for opportunities in this new and demanding labour market. January 12

LIFE SUCCESS STRATEGIES: Are you a York Region resident? Looking to advance your skills while at home? Join this three week program to explore career opportunities and increase your self confidence. January 10–28

netWORKS INFORMATION SESSION: If you are between 18 and 29 years old and excited about getting your career started, netWORKS is a new way for you to make connections with mentors who can help you get your career off the ground. **January 11, 18, & 27**

PLANNING YOUR CAREER: Participate in a webinar that will help you make informed decisions about your career path. Find out where you are now and where you want to be. **January 13**

SECOND CAREER STRATEGY INFORMATION SESSION: The Second Career Strategy Information Session will help recently laid-off, unemployed workers make the transition to a new career in a high-skilled occupation that is in demand. Second Career Strategy provides financial assistance based on individual need to assist people with some of the costs associated with long-term training plans, including the cost of tuition and books. January 5

TRIEC MENTORING PARTNERSHIP INFORMATION SESSION: Reconnect with your profession in Canada! TRIEC Mentoring Partnership helps immigrant professionals reconnect with their careers with the help of a mentor who works in their field in Canada. Learn how to maximize mentoring opportunities in your professional field and become more successful together. **January 4, 11, 18 & 25**

WRITING A STRATEGIC RÉSUMÉ: Two-hour résumé writing webinar. Join us to learn how to create résumé that will get noticed by employers. January 4, 11, 18 & 25

PRE-RECORDED WEBINARS: Click on the name to register and view the webinar

COSTI EMPLOYMENT SERVICES INFORMATION SESSION: Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment.

COVER LETTER: YES OR NO?: You are sending out resumes, but not sure if you should include a cover or not? If you do, what do you say. Join us for the answer to this question.

FROM STRESS TO SUCCESS: In this workshop, we will identify the triggers of stress and provide techniques to overcome those feelings. We will also look at goal setting and prioritizing to help manage life's demands.

JOB SEARCH STRATEGIES: Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry.

SECOND CAREER STRATEGY INFORMATION SESSION: The Second Career Strategy Information Session will help recently laid-off, unemployed workers make the transition to a new career in a high-skilled occupation that is in demand.

