

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 COSTI ONLINE SERVICES COURSES WRITING A STRATEGIC RÉSUMÉ (1 WEEK) TO REGISTER CLICK HERE	WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE  TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE	3 SECOND CAREER STRATEGY INFORMATION SESSION 10:00 pm—12:00 pm TO REGISTER CLICK HERE  COSTI EMPLOYMENT SERVICES INFORMATION SESSION 1:00 pm—1:30 pm TO REGISTER CLICK HERE	4 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE	5 MOCK VIRTUAL INTERVIEW TO REGISTER CLICK <u>HERE</u>
8 COSTI ONLINE SERVICES COURSES CREATING YOUR PERFECT COVER LETTER (3 DAYS) TO REGISTER CLICK HERE	9 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE  TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE	10 ALIGN/MAGNET SPECIAL EVENT 10:00 am—12:00 pm TO REGISTER CLICK HERE  BECOME SECURITY GUARD AT PARAGON INFORMATION SESSION 2:00 pm—3:30 pm TO REGISTER CLICK HERE	11 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE PLANNING YOUR CAREER 2:00 pm—3:00 pm TO REGISTER CLICK HERE	12 MOCK VIRTUAL INTERVIEW TO REGISTER CLICK HERE
15	16 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE  TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE  YOUTH EMPLOYMENT PATHWAY INFORMATION SESSION 2:00 pm—3:00 pm TO REGISTER CLICK HERE	17 SECOND CAREER STRATEGY INFORMATION SESSION 10:00 pm—12:00 pm TO REGISTER CLICK HERE	18 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE	19 MOCK VIRTUAL INTERVIEW TO REGISTER CLICK HERE
22 COSTI ONLINE SERVICES COURSES EMPLOYMENT STRATEEGIES FOR OFFICE ADMINISTRATION PROFESSIONALS (3 WEEKS) TO REGISTER CLICK HERE	WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE  TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE	24 PARAMED VIRTUAL JOB FAIR 10:00 am—12:30 pm TO REGISTER CLICK HERE  COSTI EMPLOYMENT SERVICES INFORMATION SESSION 1:00 pm—1:30 pm TO REGISTER CLICK HERE	25 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE	26 MOCK VIRTUAL INTERVIEW TO REGISTER CLICK HERE
29	30 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE	31 NPOWER CANADA INFORMATIION SESSION 10:00 am—12:00 pm TO REGISTER CLICK HERE  SECOND CAREER STRATEGY INFORMATION SESSION 2:00 pm—4:00 pm TO REGISTER CLICK HERE		



## **March Workshop/Event Descriptions**

COSTI Employment Services is offering all employment workshops online in the form of webinars and virtual meetings. To register for any of our webinars, click on the links (HERE + Ctrl ) or contact us at 647.827.1425.

To access the Online Services workshops go to **COSTI ONLINE SERVICES** and create an account. You will then be directed to the courses.

**ACE YOUR VIRTUAL INTERVIEW:** The Interview is key to getting a job. During these challenging times, how we interview has changed. Discover how to handle challenging interview questions with confidence; learn how to collect, compile and present information that showcases your skills and experience; find out the common mistakes that happen in interviews and how to avoid them. **March 4. 11. 18 & 25** 

**ALIGN/MAGNET SPECIAL EVENT:** Lead with your personality not with your résumé. Learn how to use ALign to connect to the right employment opportunities using your personality. **March 10** 

**BECOME SECURITY GUARD AT PARAGON INFORMATION SESSION:** Victor Arcentales, Recruiter and Human Resources Specialist from Paragon will share his knowledge and insight with you about the process of how to become a security guard in Toronto. **March 10** 

**COSTI EMPLOYMENT SERVICES INFORMATION SESSION:** Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment.

March 3 & 24

**CREATING YOUR PERFECT COVER LETTER (3 DAYS):** The interactive online workshop which aims to assist you in understanding the purposes of a cover letter, what employers value in a cover letter, how to structure and target your cover letter for success. Please note, this workshop is guided by a Facilitator. To join you must have completed your resume. **March 8** 

**EMPLOYMENT STRATEGIES FOR OFFICE ADMINISTRATION PROFESSIONALS:** Sector- Specific Terminology, Workplace Communication and Culture Skills for Internationally Trained Professionals and individuals interested in working in the field of Office Administration.

March 22

MOCK VIRTUAL INTERVIEW: During these challenging times, how we interview has changed. Take our Ace Your Interview webinar and then sign up to practice your interview skills using Zoom, one of the many online platforms. March 5, 12, 19 & 26

**NPOWER INFORMATION SESSION:** Learn how you can begin your tech career by completing one of the nPower Canada's FREE training programs in only 15 weeks! **March 31** 

**PARAMED JOB FAIR:** ParaMed Toronto is hiring Personal Support Workers, Home Support Workers, and Nurses. Register to have a virtual interview by appointment only. **March 24** 

**SECOND CAREER STRATEGY INFORMATION SESSION:** The Second Career Strategy Information Session will help recently laid-off, unemployed workers make the transition to a new career in a high-skilled occupation that is in demand. Second Career Strategy provides financial assistance based on individual need to assist people with some of the costs associated with long-term training plans, including the cost of tuition and books. **March 3 & 17** 

**TRIEC MENTORING PARTNERSHIP INFORMATION SESSION:** Reconnect with your profession in Canada! TRIEC Mentoring Partnership helps immigrant professionals reconnect with their careers with the help of a mentor who works in their field in Canada. Learn how to maximize mentoring opportunities in your professional field and become more successful together. **March 2, 9, 16, 23 & 30** 

WRITING A STRATEGIC RÉSUMÉ: Two-hour résumé writing webinar. Join us to learn how to create résumé that will get noticed by employers. March 2, 9, 16, 23 & 30

WRITING A STRATEGIC RÉSUMÉ COURSE (1 WEEK): Do you have a résumé and would like to update it to the most current formats viewed by employers? Take this one week course where you will have the opportunity to update your résumé and ask questions from a trained facilitator. March 1

**YOUTH EMPLOYMENT PATHWAY INFORMATION SESSION:** This project assists Refugee Youth (including Refugee Claimants) vulnerable newcomers between the ages of 17-25, to grasp a thorough understanding of STEM occupations; meet mentors; establish a detailed Educational & Career Plan to acquire appropriate credentials, skills and to land STEM employment opportunities. **March 16** 

PRE-RECORDED WEBINARS: Click on the name to register and view the webinar

<u>COSTI EMPLOYMENT SERVICES INFORMATION SESSION:</u> Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment.

<u>COVER LETTER: YES OR NO?</u>: You are sending out resumes, but not sure if you should include a cover or not? If you do, what do you say. Join us for the answer to this question.

FROM STRESS TO SUCCESS: In this workshop, we will identify the triggers of stress and provide techniques to overcome those feelings. We will also look at goal setting and prioritizing to help manage life's demands.

JOB SEARCH STRATEGIES: Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry.

<u>SECOND CAREER STRATEGY INFORMATION SESSION:</u> The Second Career Strategy Information Session will help recently laid-off, unemployed workers make the transition to a new career in a high-skilled occupation that is in demand.