MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
4 LIFE SUCCESS STRATEGIES THREE WEEK PROGRAM 10:00 am—12:00 pm TO REGISTER CLICK COSTI ONLINE SERVICES COURSES COMMUNICATION IN THE WORKPLACE (2 WEEKS) TO REGISTER CLICK HERE	5 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE  NETWORKS INFORMATION SESSION FOR YOUTH 18-29 10:30 am—1:00 pm TO REGISTER CLICK HERE  TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE	6 SECOND CAREER STRATEGY INFORMATION SESSION 10:00 am—12:00 pm TO REGISTER CLICK HERE  AMAZON HIRING INFORMATION SESSION 3:00 pm—4:00 pm TO REGISTER CLICK HERE  ALTERNATIVE CAREERS & CAREER CHANGES 1:00 pm—2:00 pm TO REGISTER CLICK HERE	7 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE  NETWORKS INFORMATION SESSION FOR YOUTH 18-29 10:30 am—1:00 pm TO REGISTER CLICK HERE ENHANCING ECONOMIC OPPORTUNITIES 9:30 am—11:30 am TO REGISTER CLICK	8
11 THANKSGIVING OFFICE CLOSED	WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE  TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE  CAREER EDGE PAID INTERNSHIP INFORMATION SESSION 1:30 pm—2:30 pm TO REGISTER CLICK	13 COVER LETTER YES OR NO? 10:00 am—11:00 am TO REGISTER CLICK HERE  POLYCULTURAL PROGRAMS AND SERVICES INFORMATION SESSION FOR NEWCOMERS 1:00 pm—2:00 pm TO REGISTER CLICK HERE	14 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE NETWORKS INFORMATION SESSION FOR YOUTH 18-29 9:30 am—12:30 pm TO REGISTER CLICK HERE	15
18 COSTI ONLINE SERVICES COURSES  STARTING YOUR OWN BUSINESS (2 WEEKS) TO REGISTER CLICK HERE	19 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE  NETWORKS INFORMATION SESSION FOR YOUTH 18-29 11:30 am—2:00 pm TO REGISTER CLICK HERE  TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE	20 COSTI EMPLOYMENT SERVICES INFORMATION SESSION 10:00 am—10:30 am TO REGISTER CLICK HERE  BECOME A SECURITY GUARD AT PARAGON INFORMATION SESSION 2:00 pm—3:30 pm TO REGISTER CLICK HERE  NETWORKING FOR SUCCESS 2:00 pm—3:00 pm TO REGISTER CLICK HERE	21 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE	22
25	26 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE  TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE	27 INTRODUCTION TO ENTREPRENEURSHIP BY VAUGHAN BUSINESS ENTERPRISE CENTRE 10:00 am—11:00 am TO REGISTER CLICK HERE	28 ENHANCING ECONOMIC OPPORTUNITIES 9:30 am—11:30 am TO REGISTER CLICK  ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE  NETWORKS INFORMATION SESSION FOR YOUTH 18-29 9:30 am—12:30 pm TO REGISTER CLICK HERE	29

## **October Workshop/Event Descriptions**

COSTI Employment Services is offering all employment workshops online in the form of webinars and virtual meetings. To register for any of our webinars, click on the links (HERE + Ctrl ) or contact us at 647.827.1425.

To access the Online Services workshops go to COSTI ONLINE SERVICES and create an account. You will then be directed to the courses.

**ACE YOUR VIRTUAL INTERVIEW:** The Interview is key to getting a job. During these challenging times, how we interview has changed. Discover how to handle challenging interview questions with confidence; learn how to collect, compile and present information that showcases our skills and experience; find out the common mistakes that happen in interviews and how to avoid them. **October 7, 14, 21, & 28** 

**ALTERNATIVE CAREERS & CAREER CHANGES:** In this workshop you will gain information on how to find an alternative career and learn helpful tools to adjust to a career change. There will be demonstrations on where to find alternative careers related to your profession and industry.

**AMAZON HIRING INFORMATION SESSION:** Discover your next opportunity at Amazon as a full-time warehouse team member. Want to be the first to know about these new positions? Attend one of our information sessions. **October 6** 

**BECOME A SECURITY GUARD AT PARAGON INFORMATION SESSION:** Victor Arcentales, Recruiter and Human Resources Specialist from Paragon will share his knowledge and insight with you on becoming a security guard in Toronto. **October 20** 

CAREER EDGE PAID INTERNSHIP PROGRAM INFORMATION SESSION: Are you a recent graduate, a person with a disability or skilled newcomer to Canada looking for a paid internship? Join this informative webinar Career Edge Organization is Canada's largest provider of paid internships, engaging in connecting companies with qualified talent; while giving job seekers the chance to break into the workforce and launch their career. October 12

COSTI EMPLOYMENT SERVICES INFORMATION SESSION: Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment. October 15

**COVER LETTER: YES OR NO?:** You are sending out resumes, but not sure if you should include a cover or not. If you do, what do you say? Join us for the answer to this question. **October 13** 

**COMMUNICATION IN THE WORKPLACE (2 WEEKS):** This online course will help you better understand how to communicate with coworkers, managers and clients in a diverse Canadian workplace. **October 4** 

**ENHANCING ECONOMIC OPPORTUNITIES:** Job Search Strategies for 50+ Workers provides practical tips and fresh perspectives specific to the mature job seeker and expectations related to today's workplace. **October 7 & 28** 

INTRODUCTION TO ENTREPRENEURSHIP: Are you interested in self-employment? Join Kate Jung, Small Business Advisor from Vaughan Business Enterprise Centre (VBEC) to learn about the steps to start a business in Ontario. Topics include: planning and registering your business, permits and licensing, financing for small business, and hiring and managing employees. Youth and adults are welcome! October 27

LIFE SUCCESS STRATEGIES: Are you a York Region resident? Looking to advance your skills while at home? Join this three week program to explore career opportunities and increase your self confidence. October 4—22

**netWORKS INFORMATION SESSION:** If you are between 18 and 29 years old and excited about getting your career started, netWORKS is a new way for you to make connections with mentors who can help you get your career off the ground. **October 5, 7, 14, 19 & 28** 

**NETWORKING FOR SUCCESS:** Networking is an effective way to make connections with people in your field. In this workshop you will learn about the hidden job market and why networking is important, the art of networking and finding the right people to network with. **October 20** 

**POLYCULTURAL PROGRAMS AND SERVICES INFORMATION SESSION FOR NEWCOMERS:** Learn about the diverse range of programs and services available to individuals of all ages including youth, adults and seniors. **October 13** 

**SECOND CAREER STRATEGY INFORMATION SESSION:** The Second Career Strategy Information Session will help recently laid-off, unemployed workers make the transition to a new career in a high-skilled occupation that is in demand. Second Career Strategy provides financial assistance based on individual need to assist people with some of the costs associated with long-term training plans, including the cost of tuition and books. **October 8** 

**TRIEC MENTORING PARTNERSHIP INFORMATION SESSION:** Reconnect with your profession in Canada! TRIEC Mentoring Partnership helps immigrant professionals reconnect with their careers with the help of a mentor who works in their field in Canada Learn how to maximize mentoring opportunities in your professional field and become more successful together. **October 5, 12, 19 & 26** 

WRITING A STRATEGIC RÉSUMÉ: Two-hour résumé writing webinar. Join us to learn how to create résumé that will get noticed by employers. October 5, 12, 19 & 26

PRE-RECORDED WEBINARS: Click on the name to register and view the webinar

<u>COSTI EMPLOYMENT SERVICES INFORMATION SESSION:</u> Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment.

<u>COVER LETTER: YES OR NO?</u>: You are sending out resumes, but not sure if you should include a cover or not? If you do, what do you say. Join us for the answer to this question.

<u>FROM STRESS TO SUCCESS:</u> In this workshop, we will identify the triggers of stress and provide techniques to overcome those feelings. We will also look at goal setting and prioritizing to help manage life's demands.

JOB SEARCH STRATEGIES: Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry.

<u>SECOND CAREER STRATEGY INFORMATION SESSION:</u> The Second Career Strategy Information Session will help recently laid-off, unemployed workers make the transition to a new career in a high-skilled occupation that is in demand.

