

## COSTI EMPLOYMENT SERVICES

## COSTI ONLINE EMPLOYMENT WEBINARS | SEPTEMBER 2020

| MONDAY   | TUESDAY   | WEDNESDAY   | THURSDAY   | FRIDAY   |
|--|---|---|--|--|
|  | 1 TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE WRITING A STRATEGIC RÉSUMÉ 2:00 pm—4:00 pm TO REGISTER CLICK HERE   | JOB SEARCH STRATEGIES 10:00 am—11:30 am TO REGISTER CLICK HERE  SECOND CAREER STRATEGY INFORMATION SESSION 2:00 pm—4:00 pm TO REGISTER CLICK HERE   | 3 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE USING LINKEDIN TO JOB SEARCH 2:00 pm—4:00 pm TO REGISTER CLICK HERE                    | 4 MOCK VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE  |
| 7<br>LABOUR DAY<br>OFFICES CLOSED  | WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE INTRODUCTION TO LINKEDIN—THE BASICS 2:00 pm—4:00 pm TO REGISTER CLICK HERE  COSTI ONLINE SERVICES  THE BASICS OF WRITING A RÉSUMÉ COURSE (1 WEEK) EMPLOYMENT STRATEGIES FOR OFFICE ADMINISTRATION PROFESSIONALS (3 WEEKS) | 9 JOB SEARCH STRATEGIES 10:00 am—11:30 am TO REGISTER CLICK HERE YOUTH JOB CONNECTION & YOUTH JOB CONNECTION SUMMER—INFORMATION SESSION 2:00 pm—3:00 pm TO REGISTER CLICK HERE  | 10 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE COSTI EMPLOYMENT SERVICES INFORMATION SESSION 2:00 pm—3:00 pm TO REGISTER CLICK HERE  | 11 MOCK VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE |
| SPEAK TO A PROFESSIONAL EMPLOYMENT COUNSELLOR CLICK HERE TO REGISTER  COSTI ONLINE SERVICES  CUSTOMER SERVICE PREPARATION (3 WEEKS) EMPLOYMENT STRATEGIES FOR ACCOUNTING PROFESSIONALS (3 WEEKS) WRITING A STRATEGIC RÉSUMÉ (1 WEEK) | WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE USING LINKEDIN TO JOB SEARCH 2:00 pm—4:00 pm TO REGISTER CLICK HERE   | 16 JOB SEARCH STRATEGIES 10:00 am—11:30 am TO REGISTER CLICK HERE  SECOND CAREER STRATEGY INFORMATION SESSION 2:00 pm—4:00 pm TO REGISTER CLICK HERE  YOUTH JOB CONNECTION INFORMATION SESSION 2:00 pm—3:00 pm TO REGISTER CLICK HERE | 17 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE CREDENTIAL EVALUATION AND ASSESSMENT 2:00 am—4:00 pm TO REGISTER CLICK HERE           | 18 MOCK VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE |
| 21 SPEAK TO A PROFESSIONAL EMPLOYMENT COUNSELLOR CLICK HERE TO REGISTER  COSTI ONLINE SERVICES STARTING YOUR OWN BUSINESS PART I (2 WEEKS)   | 22 WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE INTRODUCTION TO LINKEDIN—THE BASICS 2:00 pm—4:00 pm TO REGISTER CLICK HERE   | JOB SEARCH STRATEGIES 10:00 am—11:30 am TO REGISTER CLICK HERE FROM STRESS TO SUCCESS 2:00 pm—3:30 pm TO REGISTER CLICK HERE  | 24 ACE YOUR VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE  COSTI EMPLOYMENT SERVICES INFORMATION SESSION 2:00 pm—3:00 pm TO REGISTER CLICK HERE | 25 MOCK VIRTUAL INTERVIEW 10:00 am—12:00 pm TO REGISTER CLICK HERE |
| 28 SPEAK TO A PROFESSIONAL EMPLOYMENT COUNSELLOR CLICK HERE TO REGISTER  | WRITING A STRATEGIC RÉSUMÉ 10:00 am—12:00 pm TO REGISTER CLICK HERE  TRIEC MENTORING PARTNERSHIP INFORMATION SESSION 12:00 pm—1:00 pm TO REGISTER CLICK HERE  USING LINKEDIN TO JOB SEARCH 2:00 pm—4:00 pm TO REGISTER CLICK HERE   | 30 JOB SEARCH STRATEGIES 10:00 am—11:30 am TO REGISTER CLICK HERE SECOND CAREER STRATEGY INFORMATION SESSION 2:00 pm—4:00 pm TO REGISTER CLICK HERE   |  |  |

## **September Workshop/Event Descriptions**

COSTI Employment Services is offering all employment workshops online in the form of webinars and virtual meetings. To register for any of our webinars, click on the links (HERE + Ctrl) or contact us at 647.827.1425.

To access the Online Services workshops go to **COSTI ONLINE SERVICES** and create an account. You will then be given instruction to accessing the courses.

**ACE YOUR VIRTUAL INTERVIEW:** The Interview is key to getting a job. During these challenging times, how we interview has changed. Discover how to handle challenging interview questions with confidence; learn how to collect, compile and present information that showcases your skills and experience; find out the common mistakes that happen in interviews and how to avoid them. **September 3, 10, 17 & 24** 

**COSTI EMPLOYMENT SERVICES INFORMATION SESSION:** Learn about our services and how we can help you with job search and to market yourself during this challenging time. Learn about programs we offer that can help you to prepare for employment. **September 10 & 24** 

**CREDENTIAL EVALUATION AND ASSESSMENT:** Are you internationally trained and looking to start working in Canada. Join us for this informative session where you will find out how and where to get your credentials evaluated. **September 17** 

**CUSTOMER SERVICE PREPARATION COURSE (2 WEEKS):** In this course you will learn the skills necessary to work on a daily basis in all jobs where you work with customers in person and over the phone. Certificate of completion. **September 14** 

**EMPLOYMENT STRATEGIES FOR OFFICE ADMINISTRATION PROFESSIONALS (3 WEEKS):** Sector-Specific Terminology, Workplace Communication and Culture Skills for Internationally Trained Professionals and individuals interested in working in the field of Office Administration. **September 8** 

**EMPLOYMENT STRATEGIES FOR ACCOUNTING PROFESSIONALS (3 WEEKS):** This e-facilitated course focuses on Sector- Specific Terminology, Workplace Communication and Culture Skills for Internationally Trained Professionals and individuals interested in working in the field of Accounting. **September 14** 

**FROM STRESS TO SUCCESS:** Are you feeling overwhelmed and stressed? Finding it hard to balance life right now? Do you need the tools to manage stress and help you to adjust to the change? In this workshop, we will identify the triggers of stress and provide techniques to overcome those feelings. We will also look at goal setting and prioritizing to help manage life's demands. **September 23** 

**JOB SEARCH STRATEGIES:** Develop job hunting skills needed to research, find and apply for specific jobs in a related field or industry. Unsure where to look for work or what's available? Join us in learning how to prepare yourself for opportunities in this new and demanding labour market. **September 2, 9, 16, 23 & 30** 

MOCK VIRTUAL INTERVIEW: During these challenging times, how we interview has changed. Take our Ace Your Interview webinar and then sign up to practice your interview skills using Zoom, one of the many online platforms. September 4, 11 18 & 25

**SECOND CAREER STRATEGY INFORMATION SESSION:** The Second Career Strategy Information Session will help recently laid-off, unemployed workers make the transition to a new career in a high-skilled occupation that is in demand. Second Career Strategy provides financial assistance based on individual need to assist people with some of the costs associated with long-term training plans, including the cost of tuition and books. **September 2, 16 & 30** 

**SPEAK TO A PROFESSIONAL EMPLOYMENT COUNSELLOR:** New to COSTI? Need to speak to someone who can answer your employment questions? Register to meet with one of our professional employment consultants. **September 14, 21 & 28** 

**STARTING YOUR OWN BUSINESS PART I (2 WEEKS):** Starting Your Own Business is designed help you decide whether self-employment is for you and to help you develop the tools you will need to start your own business in Canada. **September 21** 

THE BASICS OF WRITING A RÉSUMÉ COURSE (1 WEEK): You will have the opportunity to think about your resume and work through the steps to help you start the resume writing process. An e-facilitator will be available to answer any questions you may have and give you a final critique. September 8

**TRIEC MENTORING PARTNERSHIP INFORMATION SESSION:** Reconnect with your profession in Canada! TRIEC Mentoring Partnership helps immigrant professionals reconnect with their careers with the help of a mentor who works in their field in Canada. Learn how to maximize mentoring opportunities in your professional field and become more successful together. **September 1 & 29** 

INTRODUCTION TO LINKEDIN—THE BASICS: You have heard so much about LinkedIn and are now interested in seeing what everyone is talking about. If you do not have an account, join us for this webinar as we take you through the steps of creating an account and a profile. September 8 & 22

**USING LINKEDIN TO JOB SEARCH:** Learn how to use LinkedIn to explore career opportunities and network with like-minded people. **September 3, 15 & 29** 

WRITING A STRATEGIC RÉSUMÉ: Two-hour résumé writing webinar. Join us to learn how to create résumé that will get noticed by employers. September 1, 8, 15, 22 & 29

WRITING A STRATEGIC RÉSUMÉ COURSE (1 WEEK): Do you have a résumé and would like to update it to the most current formats viewed by employers? Take this one week course where you will have the opportunity to update your résumé and ask questions from a trained facilitator. September 14

YOUTH JOB CONNECTION INFORMATION SESSION (YJC): This program serves youth aged 15-29 years of age who are out of school and out of work. September 16

**YOUTH JOB CONNECTION—SUMMER (YJC-S):** This program targets youth aged 15-18 years of age who are still attending school. These are paid work search & job placement programs that assist youth experiencing multiple barriers to employment. **September 9** 

