

# Virtual Wrap-around Program for people impacted by COVID-19

# Need help moving forward due to COVID-19?

WE DELIVER A PROGRAM JUST FOR YOU

COSTI's 8 week Virtual Wrap-around program for Ontario Works participants, currently facing various hardships and life management issues due to the COVID-19 pandemic.

# THE PROGRAM HIGHLIGHTS:

- Individualized assessment
- One-on-one Life Skills counselling and small group sessions
- Structured workshop activities and guidance
- Personalized goals and action planning
- Guest speakers, peer networking and group chats
- Online learning, courses and activities

## ATTEND THE 8 WEEK PROGRAM TO:

- Acquire a greater awareness and understanding of community supports available during the pandemic
- Get help with life management, mental/physical health, and emotional needs
- Get access and support to programs and services, skills training, education or pre-employment preparation that will contribute to becoming self reliant

### PROGRAM PREREQUISITES

- Have access to internet, computer/tablet or smart phone
- Be on Ontario Works

To register, contact your Ontario Works Caseworker.



### **2022 PROGRAM DATES**

- April 5 May 27
- June 7 July 28
- August 9 September 30
- October 11 December 2

Services are provided at no cost.

For other services and monthly workshop schedules, please visit us at

costi.org

PLEASE CONTACT US TODAY!

CALL: 647.827.1425

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