

COSTI ONLINE SERVICES

New Online Course

All courses and workshops are accessible 24/7 from any computer with Internet access.

Ask questions and discuss employment topics with your Online Employment Facilitators.

Create your account on our password-protected platform and enjoy COSTI's secure online space.

For more information please visit us at

www.costi.org/onlineservices Email: costionlineservices@costi.org

Your Connection to Employment

ONLINE SERVICES

www.costi.org/onlineservices

All services are available at no cost



Communication in the Workplace

Sign up for our NEW interactive online course designed for people interested in learning how to communicate more effectively in the Canadian workplace.

Learn how to:

- Make a good first impression
- Communicate effectively with co-workers and avoid misunderstandings
- Avoid conflict and practice good conflict resolution skills
- Understand non-verbal communication and body language
- Follow protocols and procedures for participating in meetings
- Understand the fundamentals of team work
- Communicate in writing in the workplace



